

# Hinckley Parks and Recreation



# 2011 Fall Program Guide

## REGISTRATION INFORMATION

Registration forms and fees must be received at the Village Office 1 week prior to the class starting date. If you register after this time please contact Kris at 815-739-1336 to confirm class availability.

PROGRAM GUIDES AND REGISTRATION FORMS are available at the Hinckley Village Office, Hinckley Public Library, 5th/3rd and Resource Banks, or online.



REFUNDS for class fees are given up to 1 week prior to the class starting date. If a refund is requested after this time it is at the discretion of the instructor to offer a refund pending supplies purchased and enrollment status of the class. No refunds will be given after the class has begun. Full refunds are given if a class is cancelled.

HCB denotes the Hinckley Community Building as a program location in class descriptions. Check the bulletin board at the HCB for room assignments.

## MARK YOUR CALENDAR NOW FOR THESE SPECIAL EVENTS!



Halloween Fest  
Saturday, October 22

2011   
Hinckley Holiday  
 House Walk  
Saturday, Dec. 3



Festive Fall  
Decorating Contest  
October 23-29

### HINCKLEY PARKS AND RECREATION ADVISORY BOARD

Carol Bish  
Cary Gawel  
Greg Jourdan  
Lenore Nier  
Tricia Prellberg  
Kris Kestila-Ohnstad, Program Coordinator  
Bob Albright, Village Board

Upcoming meetings of the  
Parks and Recreation Advisory Board  
Wednesdays, September 28 & November 30  
6:30pm

Hinckley Village Office  
The meetings are open to the public.

### TO REGISTER

Send or drop off  
registration forms and fees to:

Hinckley Village Office  
720 James Street  
Hinckley, IL 60520

Make checks payable to:  
Village of Hinckley

### FOR FURTHER INFORMATION:

Telephone: 815-739-1336  
Email: [parksandrec@hinckleyil.com](mailto:parksandrec@hinckleyil.com)

### GET TO KNOW YOGA IN SEPTEMBER

Come and experience yoga for every "body" each Monday during the month of September for no charge. Instructor, Nancy Brejc will offer gentle yoga classes geared to all ages and skill levels. No experience is necessary. There are some mats available to borrow. You just need to wear comfortable clothing and be ready to breath, stretch, and relax. Come one night or all 4.

Mondays, September 12-26 \*\*corrected start date  
6:00-7:00pm  
HCB-auditorium  
No fee



### YOGA

New instructor, Nancy Brejc offers this gentle yet challenging yoga practice. It links movements, strength, balance, and breath. Concentration is honed through thoughtful sequencing of standing and balancing poses and concentrated seated poses. There is meditation/relaxation at the end of each class. This class is adaptable for all levels of students. You will learn the basics and build on them. Participants should wear loose clothing and bring a mat or blanket.

Wednesdays, 6:00-7:00pm  
HCB-auditorium  
High School- Adult  
\$43 for an 8 class punch card  
or  
\$7 per night walk-in with exact cash/check made payable to Village of Hinckley



### JACK-O-LANTERN FACTORY

Kids will carve pumpkins creating individualized Jack-O-Lanterns. Just think no mess or clean-up at home. *All supplies are provided. It is recommended to bring an old shirt to protect your clothes from pumpkin goo.* \*\*\*These pumpkins will be carved just in time to enter in the Pumpkin Judging Contest at Halloween Fest on Saturday, Oct.22.

Tuesday, October 18  
3:15-4:15pm  
3rd grade and up  
Pioneer Park Shelter  
\$10



### ONLINE CHRISTMAS PHOTO ALBUM

Carol Bish will show you how to create a personalized photo/memory album just in time for Christmas gift giving. She will help you use online computer publishing programs to create these special albums. If you have a laptop bring it to class and you will get a head start. Otherwise the information covered may be taken home and used to work with your desktop and the photos you have saved on your computer. Follow up assistance after this one evening class will be available.

Wednesday, October 12  
7:00pm  
adult  
HCB  
\$8

\*\*\*printing cost of actual albums is paid to the publishing company when an order is placed



### FAMILY GYM TIME

Cary Gawel will supervise this weekly family activity night. A large parachute, hula hoops, balls, and other recreational items will be available to play with. Gym shoes are required. Program registration and fees are handled at the door.

Wednesdays, October 5-November 23  
5:30-6:30pm  
Preschool-up with parent in attendance  
Hinckley-Big Rock Elementary School gym  
\$3 each night per family



### OPEN GYM FOR ELEMENTARY STUDENTS

The school gym will be open to play games or shoot some hoops. Gym shoes are required. A registration form must be completed and signed by a parent and will be good for the entire session. This form may be completed the first night of attendance.

Wednesdays, October 5-November 23  
6:30-7:30pm  
Grades 3-5  
Hinckley-Big Rock Elementary School Gym  
\$2 per person each night paid at the door



### ADULT OPEN BASKETBALL GYM

If you miss shooting hoops when the weather gets bad come out to the gym. You can shoot hoops or join in a pick up game. Gym shoes are required.

Wednesdays, October 5-November 23  
7:30-9:00pm  
High School-Adult  
Hinckley-Big Rock Elementary School Gym  
\$3 per night paid at the door



### 2nd and 3rd GRADE BASKETBALL GYM

Second and Third grade boys and girls come on out for Thursday night hoops! Greg Jourdan and Dave Gawel will supervise this short term program that allows the kids to play loosely structured 'pic-up' games with a few skill challenges each night. A registration form must be completed and signed by a parent.

Thursdays, November 3-17  
5:30-6:30pm  
Grades 2 & 3  
Hinckley-Big Rock Elementary School Gym  
\$2 paid at the door each night of attendance (\$3 with additional sibling)



### GHOSTLY HANGER

Made from white muslin material and felt the ghost is mounted on a branch, appearing to be holding on by its hands. Hang your ghost indoors or better yet outdoors where it can wave in the breeze. Project will be approximately 24 inches in length when completed.

Thursday, October 13  
3:15-4:30pm  
Pioneer Park  
2nd-5th Grades  
\$7



## ZUMBA

Join Betty Mann as she begins her 3rd year leading this energetic, music filled dance/exercise program. Check out the Zumba website for more complete information: [www.zumba.com](http://www.zumba.com). This is an on-going program that may be joined at any time. Registration is completed the first night of attendance.

*The first session is free-after that you'll be hooked!*

Tuesdays and Thursdays 6:30-7:30pm  
 Saturdays 9:00-10:00am  
 10 yrs.-100! Any age can enjoy this program  
 HCB  
 \$33 for a 6 session punch card  
 \$53 for a 10 session punch card  
 \$7 for a single session



## INTRODUCTION TO KARATE

This 6 session program will introduce you to Isshin-Ryo Karate taught by Master Rocky Troutman, a 5th degree black belt. Learn punches and kicks which develop balance and coordination. Martial Arts training promotes respect, discipline, and confidence. Participants should wear loose clothing that is easy to move in.

Wednesdays, October 5-November 9  
 3:30-4:30pm  
 7-15 yrs.  
 HCB  
 \$43



## FALL FAMILY FUN NIGHT

Come out to Pioneer Park for an evening full of fun. There will be a scavenger hunt in and around the shelter building. Kids will be able to make an acorn character necklace, a scarecrow, and more. The evening will end with a story and a healthy snack.

Thursday, September 22  
 6:00pm  
 Preschool-K and parent(s)  
 Pioneer Park Shelter  
 \$7 per family



## CPR

If you are interested in participating in a CPR class call Kris at 815-739-1336. Leave a message with your name, telephone number, and the best time to reach you. You will be contacted when details of the program are available.



*Registration forms may be downloaded  
 from our website:*

*[www.hinckleyil.com](http://www.hinckleyil.com) / click on Parks*

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*Keep up to date on all programs and events...*

*Check us out on Facebook-*

*Hinckley Parks and Recreation*

## HANDMADE FOR THE HOLIDAYS

Come out and learn how to make creative and inexpensive holiday gifts and cards. Tonya Weakley of Peddler's Den will teach you to stencil on glass/porcelain. She will then show you how to set the paints to make them dishwasher safe. You will make 3 items during the class time; one stenciled glass item and a couple of holiday greeting cards. Techniques will include stenciling on glass, stamping, die cutting, and the use of embossing folders. No previous experience is necessary. Participants are asked to bring their favorite markers with their names on them ...if you already own them...(Copic, Tombow, LePlume, or comparable brands that Stampin' Up or Close to My Heart may sell).

Monday, November 7 \*registration deadline: October 31st\*  
 6:30-8:30pm  
 Peddler's Den  
 115 W. Market Street (Rt.#34), Somonauk  
 Adult  
 \$25



## LEARN TO HAVE FUN WITH YOUR DOG!

Offered by Christy Boecker of Pet Perfection in Waterman

### Items to bring to both classes listed below:

- proof of vaccination/distemper, rabies, and bordetella
- flat buckle collar (no choke collars)
- six foot leather leash
- treats ( see below)

The *Clicker Method*, which is a reward-based method of training is used so you'll need to bring at least 2 cups of treats for your dog. The treats must be bite sized and can include cat treats, shredded cheese, cooked chicken, and hotdogs ...anything your dog really loves!

## FUN-DAMENTALS OF DOG OBEDIENCE

Come explore positive clicker training. We will teach you how to phase out the lures and clicks & treats, so don't be concerned your dog won't listen unless you have a treat in your hand, phased out properly your dog will comply consistently with your cues for years to come. During class you will have many opportunities to "Proof" your training. You will learn the basic cues.

Mondays, October 3-November 7  
 6 month and older dogs and adult handler  
 HCB-auditorium  
 7:00pm (45-60 minute sessions)  
 \$98



## TRICKS WITH CLICKS

Learn how to get your dog (or any pet for that matter) to perform limitless tricks. During this class you will learn the basics of clicker training employing "capturing" and "lure & reward" methods to teach your dog many silly tricks. After completing this class the sky is the limit on what you can achieve with your dog.

Mondays, November 14-28  
 7:00pm (45-60 minute sessions)  
 6 month and older dogs and adult handler  
 HCB-auditorium  
 \$38 for 3 week session



# Upcoming Events for Fall

## FESTIVE FALL DECORATING CONTEST

Unleash your creativity and come up with a unique seasonal display. The only requirement is that your home must be located within the Hinckley village limits.



To participate call Kris at 815-739-1336 and give your name and address by October 17.

Photos will be taken of each home entered. The photo will be affixed to a box and placed at Michaels Supermarket from October 23-29.

During that time community members are encouraged to "vote" for their favorite home display by placing non-perishable food items in that home's box. The entry with the most donated items is the winner.

1st Place-\$25 Hinckley Bucks

All food donations will be delivered to the Hinckley Area Food Pantry following the contest.

## 2011 HALLOWEEN FEST

Supported by the villages of Hinckley, Big Rock, and Sugar Grove as well as many area businesses, individual donors, and volunteers. Last year there were over 1,600 attendees. All activities are free and manned by volunteers. Food is offered for a minimal charge. Flyers will be sent home from school giving a complete listing of the night's activities!



Saturday, Oct. 22  
5:00-9:30pm  
Plowman Park in Big Rock



Check out the website at [www.halloween-fest.com](http://www.halloween-fest.com)

Help!

## VOLUNTEERS NEEDED

The Hinckley Parks and Rec Program is the sponsor of the Haunted Hayrides at Halloween Fest.

Each year the hayride's popularity has increased, so each year we try to create different scenes and hauntings.

Continuing to improve and expand the displays requires added manpower and supplies.

If your business, group, or family would like to sponsor a scene along the trail or if you would be able to volunteer some time to man a site please call Kris at 815-739-1336.

We want to continue to improve and expand the ride but we need your help.

2011  
**Hinckley Holiday House Walk**  
Saturday, December 3  
2:00-6:00 p.m.  
Tickets: \$10



Home styles included on the walk are:  
Victorian, Contemporary, Country Farmhouse,  
Four Square, and Craftsman.

Complete information will be listed in the Winter Program Guide and the Hinckley Update. You will also be able to check out pictures of the homes and brief descriptions of each on the Village website and on Facebook by November 1.