

### FEATHERED FRIENDS

Betty Mann will help you identify common area birds. Everyone will construct a birdfeeder to take home and a mini journal will be sent home to monitor birds that come to your yard.

Bring a sack lunch.

Thursday, June 25

10:00-2:00

8-13 yrs.

Pioneer Park

\$23

### ART IN THE PARK

The kids will learn about master artists and their unique styles of painting. Afterwards they will try their hand at creating their very own masterpieces. Everyone is invited to come and view the paintings at the end of class. All supplies will be provided, old clothes or a paint smock is recommended. Bring a sack lunch.

Thursday, June 18

Pioneer Park Shelter

11:00-1:00pm

Grades 4-8

\$30

### THURSDAYS AT THE PARK

In this loosely structured program craft supplies will be out for make and take art projects, basketballs, kickballs, hoola hoops, a parachute, and more will be available to play with. There will be plenty of time to use the playground as well. It is recommended to wear old clothes and bring a towel as we will set up a sprinkler or play with water balloons if the weather is warm enough. *A sack lunch will be needed.* Pre-registration is preferred but may be completed the first day of attendance.

*The program will not run in case of questionable weather-call 815-286-3836 after 9:30 am to confirm status.*

Thursdays, July ,9,16,23,30

11:00am-1:00pm

Pioneer Park

Grades 1-5

\$3 per child each day of attendance

Younger siblings may attend with the supervision of an adult

### JAZZERCISE

Registration is completed at the door. Try out the class for one week free. Contact Debbie Franciscy, owner/ instructor directly for specific program questions and fee scale at 630-392-4741.

M-W June 8-August 12 7:30-8:30am

T-Th June 9-August 13 5:00-6:00pm

S June 6-August 15 7:30-8:30am

HCB-auditorium

High School-adult

### YOGA FOR JR.HIGH

Students will be given an overview of what yoga is about, some basic positions, and how yoga can benefit their lives. The first class session is free so come out and give it a try then sign up if you enjoy the program.

Wednesdays, July 8,15,22,29

5:00-6:00pm

Jr. High

HCB

\$18

### RAIN GARDENS--A NATURAL SOLUTION

Dean Johnson, DeKalb County Soil & Water Conservation District will offer a power point presentation on how the use of rain gardens and rain barrels can aid homeowners with storm water run-off and water conservation. Following the presentation he will answer questions from the audience with specific concerns. Printed material and links to on-line information will be provided.

Thursday, June 4

6:30pm

Hinckley Community Building

no fee

### ALL DAY PAINTBALL at CPX SPORTS

Gary Urbahn will referee this all day program held at CPX Sports. Check out the website (cpxsports.com)for complete description of the facility. A semi-automatic paint gun with hopper, goggles & mask, CO & refills, 500 paintballs, and a hot dog lunch are included in the registration fee. Additional paintballs or food may be purchased. There are viewing areas if you aren't playing.

Saturday, June 6 \*\*\*Reg. Deadline 5/28/09

9:00am-5:00pm

CPX Sports, 2903 Schweitzer Rd.- Joliet, IL

Ages 10 yrs-adult

\$65 (participants provide own transportation)

### POWER YOGA

Allison Williams offers this dynamic yoga practice. Participants should wear loose clothing and bring a mat or blanket.

June Session I Wednesdays, 3,10,17,24

Session II Saturdays, 6,13,20

July Session I Wednesdays, 8,15,22,29

Session II Saturdays, 11,18

August Session I Wednesdays, 5,12,19,26

Session II Saturdays, 8,15,29

Wednesday 6:00-7:00pm

Saturday 9:30-10:30am

HCB auditorium

High School-Adult

\$43 for 8 sessions (a punch card will be given to the instructor and it will be marked for each class attended)

\$7 drop-in fee per class attended-paid at the class

Register early to ensure adequate class numbers to run the programs

### HBR POMS CLINIC (fundraiser for H-BR Poms program)

Jenny Klambauer and members of the H-BR Poms Squad will teach basic dance moves to encourage all aspiring young dancers. Don't miss out on this opportunity to learn some dance steps from the high school Poms squad.

\*include t-shirt size on registration form\*

Tuesday & Wednesday, June 16 & 17

10:00am-2:00pm (bring a sack lunch)

Pioneer Park

K-5<sup>th</sup> grades

\$30

### NOTE REGARDING DANCE CLASSES LISTED BELOW:

The first class for each program is free, come out and try it on us. If your child enjoys the class, sign up for the following 3 week program. Pre-registration is requested for the free session.

### CREATIVE MOVEMENT I

In this class children will begin to develop an understanding of musical rhythm while advancing motor skills and coordination. Soft soled gym shoes are recommended.

Wednesday, July 8(free), 15,22,29

4:00-4:45pm

3-5 yrs.

HCB

\$24

### PRE-BALLET / JAZZ

Students will learn basic ballet positions along with tapping rhythms. No dance experience needed.

Wednesdays, July 8(free), 15,22,29

3:00-3:45pm

4-6 yrs.

HCB

\$24

### BALLET I

Students will practice the basic ballet positions while new techniques are introduced. Ballet shoes are requested.

Wednesdays, July 8(free), 15,22,29

2:00-3:00pm

6yrs.+

HCB

\$27

### CONCRETE LEAF BIRDFEEDER

In this class you will learn to create a decorative concrete birdfeeder similar to the Birdbath offered in the spring program guide. Leaves from rhubarb or hosta plants are used to form the concrete. All supplies will be furnished. It is recommended to wear old clothes as working with **the** concrete can be messy.

Wednesday, June 10

6:00-7:30

HS-adult

Pioneer Park Shelter

\$20

### JUNIOR SOCCER CAMP

In this camp your child will develop their passing, dribbling, and shooting skills in a relaxed non-competitive setting. Warm up activities and games will be part of the skill development. Please wear shin guards, bring a soccer ball if you have one, and a water bottle.

\*include t-shirt size on registration form\*

Monday-Thursday, July 13-16

3:00-5:00pm

H-BR Elementary soccer fields

Grades K-5

\$35

### GREEN KIDS

Recycling and outdoor education will be the focus of this program. The kids will learn to identify basic trees and plants around the park and will learn the value of recycling. They will discover alternate uses for recycled items. A sack lunch is needed. Old clothes are recommended as we do get dirty!!

Wednesday, August 13

10:00am-1:00pm

Pioneer Park

Grades 2-5

\$10

### PEE WEE CAMP

Send the little ones out for a shortened version of day camp. Tricia Prellberg will lead games and crafts in the park. Parents are encouraged to join the fun.

Session I Monday, Tuesday, Wednesday, July 6,7,8

Session II Monday, Tuesday, Wednesday, August 10,11,12

9:30-11:00am

Pioneer Park

Ages 3-5yrs.

\$18 for first child, \$5 for each sibling / per session

### WILD SCIENCE DAYS

During this hands-on program the kids will experiment with mixtures, concoctions, and contraptions. Expect to get a little messy with some wet or weird experiments - you are encouraged to wear old clothes.

*Check on line or at the office after July 6 for a supply list for the class (mainly recycled items).*

Session I Wednesday, July 22

Session II Wednesday, August 12

2:00-4:00pm

Pioneer Park

Grades 2-4

\$13 per session

### LADYBUG PRINTS

Cary Gawel will help the kids create ladybug prints using paint and fingerprints. It is such a simple technique but result is so cute. Don't forget parents are always encourage to join in the fun.

Wednesday, July 29

6:30-7:15pm

Pioneer Park

Preschool age

\$8

### PAINTING IN THE PARK

Cary Gawel will help the little ones create masterpieces of art work. The paintings will be displayed for everyone to see at the end of each evening's work. All supplies are provided, just wear old clothes or bring a paint smock or old t-shirt to cover your clothes.

Tuesdays,  
Session I June 24  
Session II July 15  
Session III August 12  
Preschool-entering K  
6:00-6:45pm  
Pioneer Park  
\$8 per session

### INTRODUCTION TO KARATE

This 6 session program will introduce you to Isshin-Ryo Karate taught by Master Rocky Troutman, a 5<sup>th</sup> degree black belt. Learn punches and kicks which develop balance and coordination. Martial Arts training promotes respect, discipline, and confidence. No uniform is required.

Mondays and Wednesdays  
Session I June 15-July1  
Session II July 27-August 12  
9:30-10:30am  
ages 7-15 yrs.old  
HCB-auditorium  
\$43 per session

### YOUTH KICKBOXING

Rocky Troutman will teach this combination of kicking and boxing that provides an excellent conditioning workout. It will combine jumping rope, shadow boxing, hitting the bags and the focus mitts. *Hand wraps are required and may be purchased the at the first class for \$8.*

Mondays and Wednesdays  
Session I June 15-July1  
Session II July 27-August 12  
10:30-11:30am  
ages 9-15 yrs.old  
HCB-auditorium  
\$43 per session

### ICKY-STICKY-WET AND WILD DAY

Don't sign up if you are afraid to get wet or a little dirty. Tricia Prellberg has lots of fun activities planned and a lunch where everything is finger food. Wear old clothes (you might want to wear your swimsuit under your clothes) and bring a towel.

Session I Tuesday, July 21  
Session II Thursday, August 6  
11:00am-1:00pm  
Pioneer Park  
Grades 1-4  
\$13

### ZUMBA

Betty Mann leads this energetic, music filled dance/exercise program. Check out the website for more complete information: [www.zumba.com](http://www.zumba.com).

Mondays, July 13-free intro class  
July 20-August 10  
6:30-7:30pm  
10 yrs.-100! Any age can enjoy this program  
HCB  
\$23

### THINGS THAT FLY

Do you love to watch things fly? In this class we will make our own kites, airplanes, and more. All you have to do is bring your imagination as you will try to invent your own flying invention.

Tuesday, August 4  
10:00-11:30am  
Pioneer Park  
3-5 grades  
\$10

**Don't miss out on the fun this summer!**